

TAMBO RAMBLER

Bruthen and District Newspaper
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January 2021

NUMBER 258

Bruthen welcomes well known East Gippsland photographer, Vicki Jesty, (pictured below), for a series of workshops at the Bruthen & District Neighbourhood House. Kicking off with Children's and Youth Friday 14th and Friday 22nd January over the School Holidays and then a 4 week series for grown ups in first term. See back page for details.



We also welcome Tams of Soul Sisters (pictured above) successful East Gippsland artist and author for a series of workshops at the Bruthen & District Neighbourhood House. Kicking off with Children's and Youth Wednesday 20th January over the School Holidays and then a 4 week series for grown ups in first term. Contact BDNH for details on all activities see back pages for details.

The Tambo Rambler is proudly sponsored this month by Elders Real Estate Lakes Entrance & Metung

The Tambo Rambler would like to acknowledge the Gunai Kurnai People, the Traditional Owners of the land on which we gather, and pay our respects to their Elders both past, present and emerging.

Neighbourhood House News

The Bruthen & District Neighbourhood House is looking forward to their School Holiday Program starting next week. The Program was a collaborative effort with East Gippsland Shire Council, Gippsland Lakes Complete Health, Save the Children, headspace Bairnsdale and the Neighbourhood House to deliver a diverse and proactive program catering to children and young people from 6yo-18yo.

"It was identified after community engagement and consultation in December 2019 that the community really wanted FREE activities for children and young people over summer right here in Bruthen however as the season unfolded it was not possible to run the project so when we welcomed our new Program Coordinator, Paula Jorgensen, in October we set her to the task of putting this program together, ready for a very different Summer this year." Said Annie Pearce, Manager.

"Paula has done an amazing job bringing it all together and we will then continue on into the school term for youth activities that they can choose themselves after trying out the many options available over the next 2 weeks or even find new things to do! The school term program will focus on youth, particularly those of high school age, and allowing them to get together and explore what options are available and what they are really passionate about doing and what projects around Bruthen they would like to create and see happen."

The School Holiday Programs kicks off with Dramafternoon facilitated by headspace next Wednesday at 2pm and other activities include Kayaking with GLCH, Children's Art & Craft workshops, a Jam session with headspace, and the My Van with Save the Children down at the Bruthen Skate Park.

Our special Children's and Teen's Photography sessions with Vicki Jesty and Soul Stories sessions with Tams are made possible with funding from EGSC and Regional Development Victoria and we are very excited to be offering these sessions for both 8-12yo and 12-18yo for FREE as well.

All activities are FREE but please get in quick as booking are essential. Bookings can be made by calling the BDNH on 03 4141 5302 or 0497 544 490 or via email to info.bdnh@aussiebb.com.au or call into the Bruthen & District Neighbourhood House from Tuesday 12th January at 36 main Street Bruthen open Tuesday-Friday from 10am – 3.30pm.

Coming up on the BDNH calendar:

FEBRUARY

5th & 12th Youth mental Health First Aid
Anglican Church Hall
26th 5.30pm Community dinner at the Anglican church hall. All welcome to this new regular get together and volunteers welcome. Catch up with locals and share a dinner and dessert.

MARCH

12 & 19th Mental Health First Aid
Anglican Church Hall
17th Rural Minds Workshop
26th 5.30pm Community dinner and Sun Bus (to be confirmed)
All welcome to the Sun Bus for a night at the movies! There will be choc tops and popcorn so bring a picnic blanket and get comfy with the family. Dinner at 6pm.

MAY

29th 9am—1pm May Fair and Community Market
Bruthen Mechanics Hall

JULY

31st 9am—1pm Bruthen Orange Fair & Market
Bruthen Mechanics Hall

OCTOBER

30th 9am—1pm Spring Fair and Community Market
Bruthen Mechanics Hall

NOVEMBER

20th 9am-1pm Main Street Gardens
Bruthen Bouncebackability Bushfire anniversary

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CALLING ALL CREATIVE EAST GIPPSLANDERS

Looking for something to do? Amegilla Gallery is inviting participation in an exhibition that celebrates 'creativity'.

'Created in East Gippsland' is open to East Gippsland artists/crafts people who are working in any medium: wood, clay, glass, textiles, jewellery, knitters, weavers, paper in all its forms, metal or any of the traditional arts for example sculpture, painting, drawing or printmaking.

'Created in East Gippsland' exhibition will run from 29 April – 23 May 2021.

There is a Participation Fee of \$10 for 1-2 items per participant and 20% commission applies to work sold. Artwork must be the participant's original work and completed within the last 2 years.

Entry form and conditions are available from Amegilla Gallery, 61 Main Street, Bruthen. Work is to be delivered on Sunday, 18 April 2021.

'Created in East Gippsland' follows the principles of East Gippsland on Show by putting the focus on creativity and highlighting the excellence of local artists and craftspeople.



Artwork by Jeanette Jones, "Terrace", Pen & wash



Artwork by Rhonda Albrecht, Artist's Journal
Cover: silk paper, pressed flowers,
Paper: 300gsm watercolour paper

Amegilla Gallery

61 Main Street
BRUTHEN 3885

e: amegillagallery@gmail.com

t: 0438 525386

also on Facebook



Summer Exhibition Time!

26 November – 31 January 2021

Pauline Crunden *Connections ..2* 4-28 Feb 2021

Calling for entries from all East Gippsland artists & craftspeople *'Created in East Gippsland'*

29 April – 23 May 2021

Entry Forms from Amegilla Gallery

Gallery hours: Thursday – Sunday 10am – 3pm



Artwork by Di Deppeler, Round Container with Boabs
Recycled timber, leather and acrylic paint



Windermere®
everyone is someone
in our community



CASI Community Connector Program

Do you require assistance to ensure you remain connected to social, mental health and practical support?

Are you experiencing loneliness or social disconnection during the pandemic?

Are you feeling isolated during Covid-19?

East Gippsland Residents, we can help!

The CASI community connector program will assist you to help build or maintain important connections in the community. This includes linking you to local support services, groups, social activities or providing practical assistance, including food relief.



Recovery support case worker Justine.

Windermere's Community Connector worker can receive direct referrals for the East Gippsland region through:

Phone 0499 500 495 Email CASIconnector@windermere.org.au

WINDERMERE BRINGS CHRISTMAS CHEER TO BRUTHEN & DISTRICT



Some of Windermere's Christmas Lights displayed on a Bruthen residence

It started as a simple idea, voiced by Bruthen local Faye Brooks on Facebook:

"Just putting this out there; we are into November and I was thinking after the year we have had I would like to ask everyone to at least put one set of Christmas lights up and make Bruthen shine for Christmas. Even if only one set goes up, come on Bruthen residents, join me"

Before long many residents of Bruthen & District had jumped on board, myself included. I created a poster to put up in town and for the November and December Issues of the Tambo Rambler, encouraging residents to put up their own lights.

"After a difficult year, lets make Bruthen Shine this Christmas!" I wrote. "If every household and business puts up at least 1 set of fairy lights, we will be twinkling through to the New Year! How lovely for everyone to experience and an awesome way to celebrate together as a community". The poster also listed my phone number in case anyone needed help putting up lights or sourcing fairy lights of their own.

I never expected to get a call, but a few days after we printed our November Issue, Scott Langford from Sarsfield CRC called to say hello.

"I saw your poster in the Tambo Rambler," Scott said, "And in Sarsfield we have had a similar idea. We should work together."

Scott went on to explain how lots of Sarsfield residents had lost their homes and all their Christmas decorations in the 2019/2020 bushfires. Scott had been busy contacting fairy lights wholesalers around the country to see if they would donate to the cause and to get a quote on a bulk order. Scott's vision was to get as many rolls of solar fairy lights as possible, so that Sarsfield residents could hang them out on their front fences, making it appealing to walk through the community with

family on Christmas.

After speaking with Scott, I became more passionate about the idea; after a year of drought, bushfires, pandemics and floods, it felt more important than ever to try and make this happen for both the Bruthen & Sarsfield communities.

With the assistance of Kathryn Macdonald at East Gippsland Shire Council, eventually I got a call from Justine Bell at Windermere, who wanted to fund the Bruthen lights project through their Community Activation and Social Isolation (CASI) program.

The state-wide program has been set up to provide social, emotional and practical support to people experiencing vulnerability, loneliness or social disconnection during the pandemic. It is being delivered in partnership with the Red Cross and other community organisations.

A few days before Christmas a shipment of 100 solar fairy lights were delivered to Bruthen & District Neighbourhood House, where manager Annie Pearce distributed the lights to households across Bruthen and surrounds. Sarsfield received the same size order around the same time.

By 23rd December, just two days after the shipment arrived, eager families across Bruthen had collected every single set and lights were soon twinkling on houses and fences across the district.

With the help of the community, council and Windermere, this nice idea became a bright reality for the whole community. What a fantastic way to celebrate Christmas together.

Story By Y R Berry



Faye Brooks 'Covid Santa' wrapped in solar fairy lights provided by Windermere's CASI program

KICKSTART 2021 WITH LOCAL MARTIAL ARTS

With COVID-19 restrictions lifting, Bruthen & District is once again able to host a range of martial arts to suit every age and personality. Some of the martial arts on offer in Bruthen and surrounds include:

East Gippsland Martial Arts Academy (EGMAA)



This is a martial arts school practicing Tang Soo Do (Korean Karate). Tang Soo Do is a traditional Korean martial art originating in practice in Korea before Tae Kwon Do.

Lessons will be returning to the following locations:

- Mossiface Hall starting back on Wednesday 10th February
- Lake Tyers Beach Memorial Hall starting back on Tuesday 9th February and Thursday 11th February

Juniors 5:15- 6:15pm Seniors 6:15 – 7:15pm

To join, contact Jim Allen on 0423203143 or contact via the website <https://egmaa.teamapp.com/>

East Gippsland Tai Chi

Tai chi, short for T'ai chi ch'üan or Tàijí quán, is an internal Chinese martial art practiced for defence training, health benefits, and meditation.

Lessons will be starting back Monday 1st February 2021

At Bruthen Mechanics' Hall
10:30 a.m. to 11:30 am

To join, contact Jill Thio on 0439 812 166

ITF Bruthen Taekwondo

Originating in Korea, Taekwondo is characterized by its emphasis on head-height kicks, jumping spinning kicks, and fast kicking techniques.

Lessons will be starting back Tuesday 12th January and Thursday 14th January

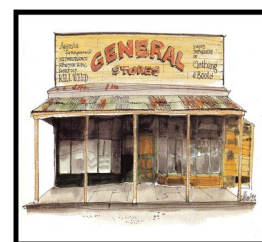
At Bruthen Mechanics Hall (Currently training outside)

Juniors 5.30pm - 6.30pm Seniors 6.30pm – 7.30pm

To join, contact Nathan Hill on 0438169233 or email nhill@itfa.com.au



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TAI CHI



**returns to
BRUTHEN**

Starting: 1 February
2021

Bruthen Mechanics' Hall
Monday

10:30 a.m. to 11:30 a.m.

0439 812 166 - East Gippsland Tai Chi

all welcome



THE PHOENIX TRAIL

Celebrating the creative spirit in East Gippsland

In early 2020 when the bushfires were beginning to get under control, Bindi resident, Helenka King, decided the best way she could contribute to the recovery process was to use her event management skills and create an arts trail that would not only help support artists and galleries, but also bring visitors back to the Shire and into burnt out communities.

It didn't work out as planned because COVID hit and travel was restricted.

But the idea has now become reality and, with funding from DFAT through its Cultural Diplomacy Program, Creative Victoria and Regional Arts Victoria, as well as the East Gippsland Shire Council, 27 studios and galleries from Mallacoota to Omeo are open to visitors, and being promoted to Melbourne, Mornington Peninsula and Gippsland residents as a way to encourage people into the area.

"As an arts manager, using creativity as a focus to encourage visitors was a no-brainer", say Helenka. "Just as I was applying for funding for the Trail, the Australia Council for the Arts published a research paper detailing research saying that tourists interested in creativity travel further, stay longer and spend more than general tourists, so that really emphasised my case that where art is, visitors come".

"Of course not only do visitors spend in the galleries and studios, but also in the local community. So The Phoenix Trail is a perfect way to get people to travel to East Gippsland to enjoy not only the outstanding natural beauty, but also the creative talents that abound here".

The Trail is designed to provide both an artistic and geographical trail throughout East Gippsland so that visitors can spend time travelling around using the 27 participating venues as a focus.

So who is involved?

The Great Alpine Road section features traditional landscape artist and gold rush historian Terry Petersen in Omeo, geometrical gouache artist Allan Fox in Cassilis, The Great Alpine Gallery exhibition of local artists in Swifts Creek and Rob Logie's Old Pub Gallery in Ensay North focussing on his prints on a diverse range of subjects. At the southern end of The Great Alpine Road, Amegilla Gallery in Bruthen promotes local artists.

Bairnsdale Hinterland

Celebrated painter Linden Dean has her studio in Wy Yung while award-winning potter Malcolm Boyd who fires clay and stone based works, and Paul Gennings who uses ceramics, wood and timber in his sculptures, are both in nearby Ferndale.

Bairnsdale

Foundry, a collective run shop in Bairnsdale's sells locally made arts, crafts and goodies, the East Gippsland Art Gallery exhibits and mentoring local artists, and East Gippsland Shire Council's Brabuwooloon Art Gallery, also focusses on local artists and artisans.

Eagle Point

Potters Wendy Reeve, and Liz Kent are based in Eagle Point, producing a variety of potted works in different media including terracotta.

Metung

In Metung, Norm Neilson exhibits his fine art photography, while nearby Daniel Jenkins and Kate Shone specialise in sculpture, particularly in copper which works well in outside settings.

Nungurner

A short drive away in Nungurner, Victor Greenaway is an award-winning ceramist, and just near the jetty Marcus Foley and Dore Stockhausen's 'oneoftwo contemporary studios' features a range of jewellery and painting.

Kalimna West

Kalimna West houses the Gunaikurnai Land and Waters Aboriginal Corporation's Bush Cafe and Aboriginal Art Gallery which promotes local Gunaikurnai artists, plus Indigenous foods in the café.

Lakes Entrance

In Lakes Entrance, 'Slipway' is a newly opened Artspace at the old boat sheds, providing artist's spaces, local produce, workshops and exhibitions.

Wurrinbeena Studio Gallery exhibits Aboriginal culture from across East Gippsland.

Tony Marshall is an artist who paints in various media, and also specialises in small sculptures and Jan Martin is an award-winning watercolour artist.

Orbost

Orbost features the Dance Studios of Rosalind Crisp and Andrew Morrish and is open to anyone interested in seeing rehearsals.

The Orbost Exhibition Centre is a community based, not-for-profit arts centre hosting visual and performing arts events, and is the home of the National Wood Design Collection.

Mallacoota

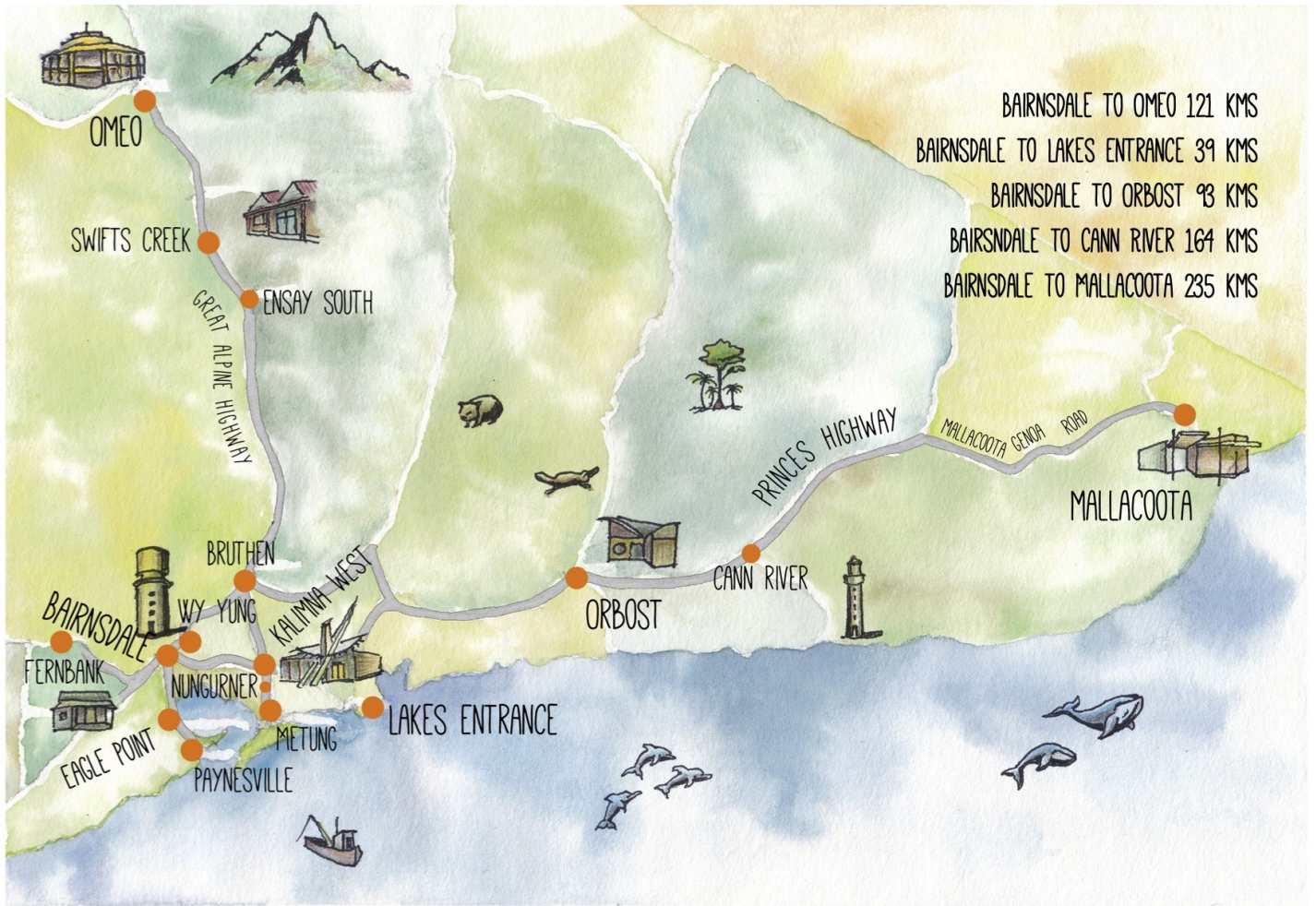
The Mallacoota Arts Space exhibits works from artists in Mallacoota.

"I hope that as well as out-of-towners, Gippslanders rediscover their own backyard, large as it is, even if it's in short bits – a weekend here, a day there – visiting open studios and galleries, and enjoying discovering new places and world-class creativity.

The Trail is an on-going project.

Details can be found on Facebook: <https://www.facebook.com/groups/806942940104091>

Or by contacting Helenka King on 0403 316 651 and helenkaking@gmail.com



THE PHOENIX TRAIL

Celebrating the creative spirit in East Gippsland

Omeo | Swifts Creek | Ensay South | Wy Yung | Fernbank | Bairnsdale | Eagle Point | Metung | Nungurner | Kalimna West | Lakes Entrance | Orbost | Mallacoota

In November 2019 East Gippsland saw the first flickers of the bush fires that would engulf our community over the next four months and cause death, injury, destruction and trauma on an unprecedented scale. A brief respite in March 2020 only gifted a moment to regroup before COVID-19 engulfed us all. This trail is a celebration of the creative and human spirit that rises up and continues despite setbacks, big and small, and unimaginable.

Combine the natural beauty of East Gippsland with the creative beauty of our art and artisans

We acknowledge the Gunaikurnai Nation as the traditional custodians of the land through which the Trail passes. We pay our respects to elders past and present.

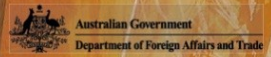


Image: Dore Stockhausen, The edge of my vision, orange and white #1

SUPPORTING EACH OTHER THROUGH THIS ANNIVERSARY



It can be hard to see a friend or family member going through a tough time, such as the upcoming anniversary of the bushfires or the first Christmas without a loved one. For some, remembering what happened may trigger feelings and worries that something similar may happen again. For others, the anniversary may bring up new challenges such as thinking about the events or worrying about the future.

While it's important to support each other, we need to be mindful of not intruding on other people's grief and not putting them into situations where they feel obliged to talk about personal matters. Below are some tips on how to offer support to someone through this anniversary.

Listen and be there

As we recover, it's important to get the balance right between respecting each other's privacy and recognising each other's loss and sadness. Sometimes it's more helpful to simply acknowledge what has happened rather than asking questions and expecting a response. Here are some suggestions of how to support someone:

Things that can be helpful:

Say things like "I'm really sorry this has happened to you" or "I'm here for you". We want to encourage our friends and family to have hope for the future. Let them talk about their future plans and listen without judgement. Try not to interrupt. Be ready to listen when they are ready to talk.

Things that may not be helpful:

Avoid trying to find the positives for people such as saying "At least you have a new house" or "This

house is better than your old one". Try to avoid discussing financial and insurance matters. Avoid asking direct questions about what they have been through or how they are feeling. They will tell you if they want to talk. Try not to compare your own experience or talk about yourself.

Encourage help seeking

If you know someone that could use some extra support, encourage and support them to seek help from a professional, such as their GP or a mental health professional.

Royal Flying Doctor Service Victoria (RFDS) and Relationships Australia Victoria are offering free and confidential counselling for individuals, families and emergency service workers affected by the recent bushfires in East Gippsland. If you or a loved one need some extra support, there is support available.

Contact us for more information, to make an appointment or to find out more.

T: 1800 001 068

E: bushfiresupport@rav.org.au

W: <https://www.flyingdoctor.org.au/vic/what-we-do/wellbeing/bushfire-recovery/>

This service is funded by the Gippsland Primary Health Network, which is leading the mental health response to bushfire-affected areas of Gippsland.



Royal Flying Doctor Service



Community update on progress of the Inquiry into the 2019–20 Victorian fire season – No.6

With fires and a pandemic, what a year it's been, to say the least. Since our last Inquiry update, we've been working with 11 community recovery committees across East Gippsland and North East Victoria to understand how best to help their community members provide feedback into the Inquiry. As a result, over past months we've invited communities to share their views and experiences of emergency relief and recovery through completing a survey, participating in an interview, joining a focus group, and of course, providing a formal submission.

Survey

Open from September through to early December, the survey focused on initial provision of relief and recovery. It was available online, by phone, and print through outlets like community recovery hubs. To date we've received around 80 returns, with mailed copies still finding their way back to us. Our special thanks to those from local organisations and agencies who helped deliver the printed survey through their community.

Focus groups and interviews

During the months COVID-19 health provisions restricted face-to-face meetings, we held phone interviews with 30 community members from across East Gippsland and the North East. We also held three online focus groups – each group involving up to 10 people directly affected by the fires; who all live, work, or are connected to a similar location, and therefore able to talk about shared experiences of relief and recovery. You can register to join future focus groups through completing an online form or calling the Inquiry's Community Engagement Advisor on 0409 249 054.

Return to place-based meetings

Recent easing of COVID-19 health restrictions has seen a welcome return to place-based meetings. In late November, Inspector-General for Emergency Management Tony Pearce visited East Gippsland communities of Sarsfield, Benambra, Cann River, Goongerah and Lake Tyers Aboriginal Trust. Through a mix of drop-in sessions, organised focus groups and interviews, nearly 50 community members recounted their stories, and shared – often emotional – experiences of the fires.

After months of COVID-19 restrictions, the meetings were often the first time these people have been able to get together and talk about the fires, and the additional challenges of recovery during a pandemic. Our sincere thanks to the community members and Bushfire Recovery Victoria recovery hub coordinators who helped with these meetings – from organising venues and catering, through to spreading the word. We really

appreciate your enthusiasm and willingness to see these meetings happen in your community.

What you've shared with us

We're very grateful to everyone who has provided feedback in Phase 2, particularly for your honesty and openness. While we're continuing analysis of the information gathered through surveys, interviews, focus groups, community meetings, and formal submissions received so far, frequently shared themes or topics include:

- communities supporting and rallying around each other
- the challenge of accessing government support and assistance for the first time
- the management of relief centres
- the appropriateness and distribution of donations
- the impacts of road closures on economic recovery as well as general health and wellbeing
- timely access to resources for community-facilitated recovery
- the deep connection to country held by Aboriginal peoples and the challenges associated with evacuation and recovery from the fires.

What's next

With recovery a long-term process for many, Tony will continue his place-based meetings in East Gippsland and North East Victoria early next year; working again with local representatives, local government and Bushfire Recovery Victoria, to offer communities a convenient and safe opportunity to share their recovery journey.

Keep an eye out for confirmed details in our next community update, and on our website igem.vic.gov.au, Twitter @IGEM_Vic and Facebook @IGEMVictoria.

In the meantime, to share your views with the Inquiry, you can request an interview (or call 0409 249 054), and submissions remain open and are welcome through:

- online form
- email to igem@igem.vic.gov.au
- mail to Inspector-General for Emergency Management, GPO Box 4356, Melbourne VIC 3001

Thank you for your contribution to the Fire Season Inquiry and we look forward to your ongoing interest during 2021.

REBUILDING AFTER BUSHFIRE; MANAGING THE PROCESS AS AN OWNER BUILDER



If you're planning to rebuild your home after a bushfire, you need to decide whether you will hire a builder registered with the Victorian Building Authority (VBA) or manage the building process yourself.

If you choose to be an owner-builder, you are not just taking on the significant role of the builder during construction, you are also taking on all of their responsibilities. This can be very satisfying but is hard work and may not be any cheaper than using a builder.

Before you can start as an owner-builder, you must complete construction induction training through a Registered Training Organisation and obtain a Certificate of Consent from the VBA to carry out domestic building work.

The VBA also requires you to demonstrate your understanding of an owner-builder's duties and obligations by completing an online knowledge assessment.

As an owner-builder, you can either contract out all or part of the building work to qualified tradespeople, or complete the work yourself, with the exception of work that must be done by a registered or licensed tradesperson (e.g. plumbing, gasfitting or electrical work).

If you contract out part of the building work and the total cost for that work (including materials and labour) is more than \$10,000, you must enter a major domestic building contract with a registered builder or registered tradesperson.

Certain trades – such as glaziers, painters, and floor and wall tilers – do not need to be registered with the VBA, unless they are taking on two or more trade roles and the contract price exceeds \$10,000. If the contract price is more than \$16,000, registered builders, contractors and trades must provide you with a copy of their domestic building insurance to cover you if they die, become insolvent or disappear. This is in addition to their contractual obligations and warranties.

As an owner-builder, your role comes with certain responsibilities. For instance, you must appoint a

registered building surveyor and obtain a building permit for your project before construction can commence. Your building surveyor will also carry out mandatory inspections during the build and issue an Occupancy Permit at the end of the project.

During construction, you must maintain occupational health and safety on site and check that all completed work complies with the building regulations and standards associated with Victoria's Building Act, Domestic Building Contracts Act and Building Regulations.

The VBA also recommends owner-builders take out liability insurance to cover a range of risks, including public risks, accidents, theft, fire and storm damage, and personal injury.

When rebuilding your home in a bushfire-prone area (BPA), you will need to obtain a bushfire attack level (BAL) assessment. All new homes constructed in a BPA must be built to a minimum BAL 12.5 to help withstand ember attack. Higher construction levels may be required, however, depending on the outcome of your BAL site assessment.

If you are building in an area of extreme bushfire hazard, your property is likely to be in a Bushfire Management Overlay (BMO). If this is the case, your council will have certain planning requirements, and you will need to apply for both a planning permit and a building permit.

Before applying for a building permit, it is important to get a realistic estimate of the cost of building work from an architect, building surveyor, quantity surveyor or registered builder. Owner-builders often underestimate their project costs and run out of money before construction is complete, so adding 10 per cent to the estimated cost is recommended as a contingency.

more than a registered builder for materials and specialist trades, such as plumbers and electricians,

Consideration also needs to be given to the cost of materials and labour. Owner-builders will typically pay while long distances or work in remote areas may add additional costs.

When hiring trades, it is important to check that their qualifications and registration allow them to do the work you require. The VBA's Find a Practitioner portal (vba.vic.gov.au/find) lists registration details for many industry professionals, including builders, building surveyors, engineers and plumbers.

Once building work is complete, owner-builders (like registered builders) are responsible for repairing any major building defects up to 10 years after an Occupancy Permit was issued, even if their property is sold or resold. This protects new and subsequent owners should problems arise.

The VBA's Owner-Builder Study Guide outlines essential information about being an owner-builder, including the responsibilities of the role. It also sets out the steps you must take to complete your application.

To find out more about becoming an owner-builder, visit vba.vic.gov.au/owner-builders.

WOMEN'S ENVIRONMENTAL LEADERSHIP PROGRAM 2021—WELA



Applications for the WELA 2021 leadership development program are now open! Designed by and for women, working for and committed to our environment and climate action (paid or unpaid), the WELA Leadership Development Program has successfully supported the leadership, career development and influence of over 70 women leaders across the sector since 2016.

WELA aims to address the ways in which women's crucial leadership can transform our response to the environmental and climate crises that we face. We empower women to identify their own approach to leadership, and to recognise and step into their power to influence.

Participants in the intensive retreat based program come from diverse backgrounds, ages and communities and are working on a variety of environmental issues and campaigns around the country. Some will be employed in the movement. Others will be working as volunteers or individuals. We strongly encourage women from Aboriginal and Torres Strait Islander communities, women of colour, trans women and gender diverse people, women from working class backgrounds, and women from remote, rural and regional Australia to apply.

- 20 diverse women actively working for our environment or climate action from diverse locations, communities and backgrounds (paid or volunteer capacity)
- May to October, 2021
- Online and face-to-face retreats (COVID-safe measures will apply)
- Applications close 15th February, 2021

For more information: go to <https://welaprogram.org.au/programs/> or email info@wela.org.au

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C13151

Warnings and Emergency Information



What are warnings?

A warning will be issued when any type of emergency could impact your property.

Warnings aim to provide you with the best advice & information on what is happening to help you make good decisions to protect yourself and others.

Remember: Do not rely on an official warning to leave. Emergencies can start quickly and threaten you within minutes.

Always use more than one source for your emergency information.

	<p>Emergency Warning: You are in imminent danger and need to take action.</p>
	<p>Warning: Watch & Act: An emergency is developing nearby. You need to take action now to protect yourself and others.</p>
	<p>Advice: An incident is occurring or has occurred in the area. Access information & monitor conditions.</p>

Interested in becoming a volunteer fire fighter with the Bruthen Fire Brigade – email: James.Nicholas@members.cfa.vic.gov.au or stop in at the General Store & see Nico



Blue Bee
CAFÉ TAKE AWAY

Monday - Thursday 7.30am - 3.00pm
 Friday 7.30am - 7.30pm
 Saturday 8.00am - 2.30pm
 Sunday 10.00am - 2.30pm
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Buddhist Centre in W Tree
ALL WELCOME!

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Tai Chi Easter Yoga
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 03 5155 0329 siba@sakya.com.au

GOING CAMPING? MAKE SURE YOU KNOW HOW TO STAY SAFE



As holiday season fast approaches and we get ready for a COVIDSafe summer, Forest Fire Management Victoria (FFMVic) is reminding people to stay safe when camping.

FFMVic's Regional Manager Fire and Emergency Preparedness, Kelly Rash said: "We want you to enjoy our parks and public land and there are things you can do to keep yourself and others safe.

The first thing to do is remember to stay COVIDSafe. Please visit www.coronavirus.vic.gov.au for information on up-to-date information on how to stay COVIDSafe.

"Check the weather at your destination before you leave home and consider rescheduling your visit if it coincides with stormy weather or times of high fire danger," Ms Rash said. "Prepare for visitor limits and book before you leave home. When you arrive at your campsite, be aware of your surroundings and camp at least 20 metres from any stream, lake or reservoir.

"Trees can drop limbs, or entire trees can fall, without warning so do not set up your tent or park your car under trees. Be careful when picnicking near or under trees also. Observe all warning signs and stay well away from trees that appear to be dead or have dead branches.

"Make sure you keep 1.5 metres away from other campers and campfires, the length of a sedan car is a good way to mark the distance.

"All native plants and animals are protected. Do not cut down or damage standing trees or vegetation and please don't feed wildlife.

"Always let someone know before you go. You can visit the Victoria Police website for a trip intention form in case of an emergency.

"Know the campfire safety rules before you head out and stick to them. In national and state parks,

campfires and barbecues may only be lit in the designated fireplaces provided and you must bring your own firewood.

"Campers in state forests must build a trench at least 30 centimetres deep around campfires and can collect fallen wood less than a metre in length for their use. All campfires must never be left unattended and need to be extinguished with water, not soil, as fires can still smoulder under soil. If a fire is cool to touch, it is safe to leave.

"It is illegal to light a campfire on a day of Total Fire Ban, when fires are likely to spread rapidly and be difficult for firefighters to control. Before lighting a campfire, campers must check if a Total Fire Ban is in place, via:

- the VicEmergency website - <https://emergency.vic.gov.au/respond/>
- the VicEmergency App
- the VicEmergency Hotline - 1800 226 226

"Keep our state forests and national parks as beautiful as you find them by not littering. There are usually no bins, so ensure you take your rubbish home – whatever you bring into the forest, you must take out."

Under the Forest Act 1958, on-the-spot fines of \$496 can be issued to people breaching campfire safety rules. The maximum penalty for lighting a fire during a Total Fire Ban is \$39,652, two years in jail or both.

For more information on camping and campfire safety, go to <https://www.ffm.vic.gov.au/permits-and-regulations/fire-restrictions-and-regulations> or download the VicEmergency app.

OPEN
Wednesday to Sunday
10am to 5pm and
Friday and Saturday
10am to 10pm
Phone 5157 5307

The Bite @ Bullant
 Brewery food philosophy is simple:

- * Use local seasonal produce
- * Use sustainably harvested seafoods & responsibly stewarded meats
- * Introduce local flavours and ideas to produce tasty food

Our menus present a contemporary and seasonal approach to food that can be enjoyed with beer

If you haven't already tried Craft beer why not pop in and have a taste of one of ten beers on tap

GIVING BIODIVERSITY A FIGHTING CHANCE

An update on Victoria's biggest deer and feral animal control program



The natural environment across Eastern Victoria is being given a fighting chance at recovery, thanks to a coordinated deer and feral animal control program.

Starting in February 2020, while some bushfires were still burning, the Victorian Government began to deliver the biggest coordinated deer and feral animal control program the state has ever seen.

The purpose of this program is to ensure the wildlife and habitats affected by fires are being protected while at their most vulnerable.

Ten months on, Parks Victoria has completed a second aerial shooting campaign and continued large scale ground shooting removing deer, feral pigs and foxes from high biodiversity-value locations within nine parks.

As the landscape gradually recovers, more will be known about the biodiversity benefits of this program. However, current results show that during the 10-week aerial shooting campaign in winter-spring, 2,000 target animals were removed from target areas - that's one every 6.4-minutes of flight time.

Long-term monitoring and evaluation are underway to gather information to inform future programs, however staff on the ground have reported an increase in wildlife sightings and exciting signs of native plant regrowth within target areas.

The 2019-20 bushfires had a devastating impact on native animals, plants and large areas of habitat in Victoria. Under these conditions, deer and feral animals are a significant threat to survival and recovery as they seriously damage native vegetation and important habitat areas through grazing, browsing, trampling and wallowing.

For more information about the deer and feral animal control program, visit www.parks.vic.gov.au/projects/deer-and-feral-animal-control-in-response-to-bushfire. Parks Victoria will continue to undertake shooting

activities to control deer and feral animals in parks and reserves across Eastern Victoria. Please visit specific park pages at www.parks.vic.gov.au for the latest information about closures and conditions.

This work is part of a broader threat management program involving a combination of animal control methods and weed control, co-led by the Department of Environment, Land, Water and Planning and Parks Victoria, as part of the Bushfire Biodiversity Response & Recovery program. This program was recently expanded through the State Budget with an additional \$29 million.



Charlie's Nursery

**Succulents and a variety of plants
at bargain prices!**

OPEN 10am - 2pm

Wednesday - Sunday

**11 View Street,
Bruthen**

0400 400 493

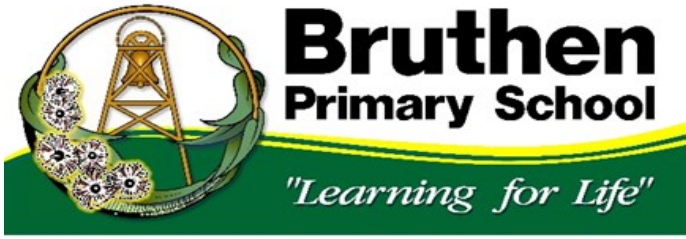
0428 320 047





THE GREAT TAMBO BIKE RIDE





A Growing School Community

Bruthen Primary School will reach 55 students with an expected intake of 14 Foundation students in 2021. COVID restrictions have interrupted the regular transition program, but visits to the kinder by Tina Tallberg and Chris Blackwood early in Term 4, has enabled teachers and students to begin the process of relationship building.

Since the restrictions have been lifted, the kinder kids have also enjoyed 4 days jam packed with 'getting ready for school' activities. Transitioning onsite is important because it supports students to become familiar with their new environment and helps them to learn school routines (lining up, sitting on the floor for a mini lesson, learning how to work collaboratively and independently at their tables, learning how to play safely in the yard). It is also a vital process for building friendships with older students in the school.



We look forward to seeing everyone's smiling faces when we return to school in 2021. Teachers start on Wednesday 27th January.

All students start on Thursday 28th January.

Being Creative in Uncertain Times

COVID restrictions have been challenging, but in these uncertain times Bruthen Primary School has demonstrated their capacity to be flexible and adaptive in delivering its end of year production.

To overcome the problem of having a limited audience, this year, Bruthen Primary School have produced a radio play, which will be streamed through their School Stream communication app for all families to enjoy. The radio play, "The Od" captures the many personalities of Bruthen Primary School's students and was written and directed by Mr Eric Harvey and produced by Sean Harvey. The story line tells a story of a great hero, the great Greek warrior Odusseus, who, weary from the siege of Troy, thinks up an ingenious plan to win the war.

It was a different experience for students who had to learn to bring their characters alive through their voices alone. They also explored how to create special sound effects to add to the atmosphere of the story. Costumes were also organised and a students experienced a photo shoot to capture images to accompany the script.



Tahlia Clarke, Leah Calvert, Tori Laity, Zoe Fella, Crosbie O'Connor, Jayde



Ruby Stevens, Xanthea Whitfield, Cassandra Clarke, John Reed, Aurora Kennedy, Ruby Purcell
Kaitlin Clarke, Jayden Hack, Felicity Gilmore, Crosbie O'Connor and Mr Eric Harvey



YOUTH MENTAL HEALTH FIRST AID COURSE



This 14-hour YMHFA Course teaches adults how to provide Mental Health First Aid to adolescents

Mental illnesses often start in adolescence or early adulthood and it is important to detect problems early to ensure the young person is properly treated and supported. The YMHFA course teaches adults who have frequent contact with adolescents, such as parents, guardians, school staff, sport coaches and youth workers, how to assist adolescents who are developing a mental health problem, experiencing a worsening of a mental health problem or in a mental health crisis.

What is the Youth Mental Health First Aid course?

The Youth Mental Health First Aid (YMHFA) course is based on international MHFA Guidelines. These Guidelines were developed using consensus of mental health consumers, carers and professionals from English-speaking developed countries.

Course Content

The YMHFA course teaches adults how to assist adolescents who are developing any of the following mental health problems, experiencing a worsening of an existing mental health problem or in a mental health crisis:

Developing mental health problems

- Depression
- Anxiety problems
- Eating disorders
- Psychosis
- Substance use problems.

Mental health crises

- Suicidal thoughts and behaviours
- Non-suicidal self-injury
- Panic attacks
- Traumatic events
- Severe psychotic states
- Severe effects from alcohol or other drug use
- Aggressive behaviours.

Participants will learn about adolescent development and the signs and symptoms of mental health problems, how and where to get help and what sort of help has been shown by research to be effective.

**Where: Anglican Church
Hall Bruthen**

**When: Fridays 5th and 12th
February 2021**

Time: 9.00am – 4.00pm

**BOOKING ESSENTIAL
Contact :**

**Bruthen Neighbourhood
House**

Mobile: 0467 057 593

Cost: FREE sponsored by

phn
GIPPSLAND

An Australian Government Initiative



**Do you want to help the
MENTAL HEALTH
of your community?**



**Specialist Help for
Rural People**

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GIPPSLAND

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MENTAL HEALTH FIRST AID TRAINING

**If you live with people, work with people or care for people this
course is for you**

THIS 12 HOUR COURSE TEACHES YOU ABOUT



Approaching

Giving information
and support



Professional help



Listening Non-
Judgemental



Other ways to support

Where: BRUTHEN CHURCH HALL

When: FRIDAYS MARCH 12TH AND 19TH

Time: 9.30am - 3.30pm

Cost: FREE sponsored by PHN GIPPSLAND

BOOKING ESSENTIAL Contact :

BRUTHEN NEIGHBOURHOOD HOUSE

MOB:0467 057 593

Darren Chester

Federal Member for Gippsland

GRANTS TO HELP MODERNISE MANUFACTURING IN GIPPSLAND

Manufacturers in Gippsland with shovel-ready projects to increase productivity and grow jobs can now apply for government funding to help modernise their operations.

Local MP Darren Chester said businesses could now apply for between \$100,000 and \$1 million to invest in new technology as part of the Federal Government's economic plan to rebound from the coronavirus pandemic.

"Securing a grant through the Manufacturing Modernisation Fund would be a game-changer for many local businesses," Mr Chester said.

"We want to help hard-working manufacturers, including those in Gippsland, to take their operations to the next level because we know if they prosper and grow, our community will prosper and grow.

"Gippsland and the Latrobe Valley have a proud history of manufacturing innovation and excellence. By helping our manufacturers become more competitive, we not only create more direct jobs, but jobs in businesses along the supply chain."

Minister for Industry, Science and Technology Karen Andrews said the second round of the Manufacturing Modernisation Fund (MMF) was a key element of the \$1.5 billion Modern Manufacturing Strategy.

"The Federal Government knows that manufacturing is central to our nation's economic future and creating jobs for the recovery from COVID-19 and for future generations," Ms Andrews said.

"In these uncertain times, we're giving manufacturing businesses the confidence and certainty they need to invest in themselves to deliver new and innovative products and services.

"We want to deliver more products for Australians, and beyond that, we want to open up more opportunities for manufacturers to take on the world with their top quality products."

The Federal Government invested \$48.3 million into nearly 200 projects valued at more than \$215 million in round one of the MMF earlier this year. Moon Deck, which makes glow-in-the-dark surface coating at its Bairnsdale premises, received \$100,000.

In this second round, successful projects will need to align with the National Manufacturing Priorities. These priority areas are resources technology and critical minerals processing; food and beverage; medical products; recycling and clean energy; defence; and space.

Applications for round two of the MMF will close on January 21, 2021.

For details, visit business.gov.au/mmf.

Bruthen Inn Hotel



Kitchen is open 7 days.

Lunch 12-2pm Dinner 6-8pm

Wednesday Roast Night \$17, with happy hour 6-7pm

Friday night raffles supporting local sporting clubs—10 draws.

Catering for private functions and community meetings

Courtesy bus operates Wed, Fri, Sat nights only

For enquires or bookings contact Bruthen Inn Hotel.
Cheers and beers, Stretch

Phone (03) 51575201



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Bruthen Motors



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with a smile'**

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Ph: 5157 5262
bpbruthen@gmail.com**

VICHEALTH FUNDING HELPS SUPPORT COMMUNITIES



Nationals Member for Gippsland East and former VicHealth board member, Tim Bull, has congratulated local clubs and organisations that have received VicHealth funding to support residents hardest hit by the coronavirus pandemic to improve their health and wellbeing.

Mr Bull said the organisations had received VicHealth Reimagining Health Grants to help locals build better social connections with each other and the community, provide greater access for physical activity and increase access to healthy, affordable food.

“This funding will support those in the community who need it most,” Mr Bull said.

“This much needed VicHealth funding will ensure local organisations can continue supporting our community to build back better from the impact of coronavirus restrictions.

“Grass-roots organisations are the heart and soul of our local community and their efforts are key to helping us recover from this pandemic.”

Mr Bull said the funding would make a positive difference to each organisation and the local community members who will benefit.

“This has been such a tough year for many in our local communities with the impact of bushfires at the start of the year followed by coronavirus restrictions,” he said.

“A reduction in opportunities for people to be socially connected, active and healthy has really taken a toll on wellbeing.

“Each of these local organisations has welcomed this funding as we all look to recover from a difficult 2020.”

East Gippsland grant recipients include:

Wollangarra Incorporated - \$10,000 to adapt its outdoor education program and build the capacity of young people to design, organise their own conservation programs and hikes;

Gippsland Lakes Complete Health -

\$3,000 to develop and run art workshops for bushfires impacted young people that will assist in the healing and recovery process;

Gippsland Lakes Complete Health Limited - \$10,000 to support local Aboriginal people to co-design a place of healing and cultural connection that will rejuvenate the Lakes Entrance Aboriginal Health Association’s outdoor area;

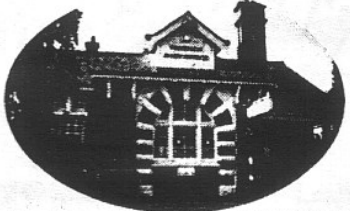
East Gippsland Shire Council - \$20,000 to provide opportunities for young people can participate creatively in circus performance, arts and crafts and music;

East Gippsland United Football Club - \$9,875 to establish a GO Football junior program to reengage and rebuild confidence in returning to sport participation following the pandemic lockdowns;

North East Canoe Club - \$3,000 to provide exciting white-water skills and leadership training to up and coming paddlers with the focus on increased participation for female participants.

VicHealth grants are currently closed to new applications but will reopen for further applications in 2021. For further information or to register for the VicHealth e-bulletin to hear about VicHealth grant rounds as soon as they are announced visit www.vichealth.vic.gov.au/funding/reimagining-health-grants

BRUTHEN LICENSED POST OFFICE
(Est.1893)



East Link Toll Passes Photocopying And Facsimile Service

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Howard & Jenny Young, Phone/Fax (03) 5157 5209

PUBLIC NOTICES

Bruthen - Bairnsdale Bus Timetable Dysons Bus Lines Ph: 5152 1711

Bruthen to Bairnsdale Morning	Monday & Friday AM	Tues, Wed, Thurs AM
Bruthen (opp) General Store	08:10 am	09:50 am
Bairnsdale, Corner Main & Bailey St	08:30 am	10:20 am
Bairnsdale Train Station	08:35 am	10:30 am
Bairnsdale to Bruthen Afternoon	Mon to Thurs PM	Friday PM
Bairnsdale Train Station	1:25 pm	3:40 pm
Corner Chemist (Service & Main Street)	1:30 pm	3:45 pm
Bruthen, Station & Great Alpine Rd	2:00 pm	4:15 pm



**Landcare
Australia**

Bruthen Landcare

Meetings 3rd Tuesday of each month

Next Meeting Tuesday 19th January at 6pm
Contact Matt Pearce
0467051960

THIS MONTH AT GLCH

Open: Mondays and Wednesdays from 8.00am to 12 midday

GP Clinic: Wednesday mornings by appointment only. Call 5155 8300, select option '1'. Please make sure you let our Customer Service team know that you would like your appointment in Bruthen.

Community Health Nurse: Mondays and Wednesdays, \$12 per consult or \$6 Concession Card holders. Note: services will not be denied if you are unable to pay. Call 5155 8300, select option '1'.

Maternal & Child Health: once a month on a Tuesday by appointment only. Call 5155 8300, select option '5'.

Room & Bus Hire: all bookings are to be directed to our Customer Service team on 5155 8300.

Kindergym: Thursdays at Bruthen PS from 9.30 - 10.30am, \$5 per family. Parents are encouraged to bring healthy snacks to share. Call our Health Promotion team on 5155 8300 for more information.

OTHER SERVICES:

Pathology collection: Mondays and Wednesdays from 8.00 to 9.00am. Nurse fees apply.

Child Immunisation: third Thursday of the month from 10.30 - 11.00am. Call the East Gippsland Shire Council on 1300 555 886 for further information.

For more information about GLCH and our services visit glch.org.au or find us on Facebook.



***Bruthen Op Shop is desperate for new volunteers
If you feel able to give 3-4 hours of you time, please
ring***

***Helen Pollard 5156 8776 or
0413 977 575***

TRADES AND SERVICES

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ENGINEERING SERVICES
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Phone – 0402 137 148
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0417 318 363
R.E.C. 16896

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Bairnsdale
to the
Border

0467 051 960

Email: mossfacematt@gmail.com

ECO FRIENDLY BUILDING

TAMBO RAMBLER

Tambo Rambler Advertising Costs

BLACK AND WHITE Advert Options

- ⇒ 9 x 5 cm - Cost \$10.00
- ⇒ 9 x 8 cm - Cost \$15.00
- ⇒ 1/4 page - Cost \$25.00
- ⇒ 1/2 page - Cost \$50.00
- ⇒ Full page - Cost \$100.00

25% discount for BDCA Members,
(only applies to black and white adverts)

COLOUR Advert Option 1: Full Page

- ⇒ One full page, full colour feature / advert placed on the inside cover of the Tambo Rambler
- ⇒ Plus acknowledgement as the major sponsor for that month's edition of the Tambo Rambler
- ⇒ **Cost - \$165 per edition**

COLOUR Advert Option 2: Half Page

- ⇒ One half page, full colour feature / advert placed on the inside cover of the Tambo Rambler
- ⇒ Plus acknowledgement as the sponsor for that month's edition of the Tambo Rambler
- ⇒ **Cost - \$100 per edition**

COLOUR Advert Option 3: Quarter Page Full Colour Promotional Package

- ⇒ One quarter page, full colour feature / advert placed on the inside cover of the Tambo Rambler
- ⇒ Plus acknowledgement as the co-sponsor for that month's edition of the Tambo Rambler
- ⇒ **Cost - \$65 per edition**

Closing date for December issue

Tambo Rambler is 20th January

Please send your articles by e-mail only to:
tamborambl@gmail.com

(Word, Publisher, JPG or PNG format with photos please
PDF format will no longer be accepted.)

Tambo Rambler is distributed to venues in Omeo, Buchan, Swifts Creek, Ensay & Nowa Nowa. We also distribute online and to Government representatives, Bairnsdale Library, Bairnsdale DELWP, Regional Historical Societies etc. We welcome suggestions of other outlets for the Tambo Rambler.

The Tambo Rambler Committee and BDCA do not take responsibility for opinions expressed by contributors to the Tambo Rambler. The Editors reserve the right to reject articles and advertisements and to edit submissions if necessary

**All submissions must carry the author's
full name, address and phone number.**

They may be published anonymously if preferred.

Darren Chester

Federal Member for Gippsland



Proud to
support our
community

#lovegippsland

1300 131 785

www.darrenchester.com.au

Authorised by Darren Chester MP, Nationals Party of Australia, Level 1, 69-81 Raymond Street, Sale VIC 3850

In event of an emergency Bruthen has 3 Heart Start Defibrillators

Located at

Bruthen General Store

6.30am – 6.15/7.15pm (7 days)

Bruthen Rec Reserve

for sports events / Caravan Park

Bruthen Police Station

(after hours – on

Community Health being closed)

Note: under 24/7 video surveillance

Tim BULL MP

MEMBER FOR GIPPSLAND EAST

*Servicing Bruthen and
district community.*



143 Main Street, Bairnsdale VIC 3875

03 5152 3491

tim.bull@parliament.vic.gov.au

Funded from Parliamentary Budget



SCHOOL HOLIDAY ACTIVITIES

Reconnect and Relax

Thanks to local organisations GLCH, Save the Children, Headspace, EGSC, RDV all school holiday activities are **FREE**.

You must RSVP – spaces are limited

**Wednesday
January
13th**

Dramafternoon!

*Do you have a creative passion you want to explore?
Act, tell stories, write, play games*

Ages 12 – 18 2:00 – 4pm at the RSL House

**Thursday
January
14th**

Children's Art & Craft workshop with Pam

*Make something wonderful to take
home using recycled and found
materials*

**Ages 6 – 12 9:30 – 11:30am
at RSL House**

Kayaking excursion with GLCH

*Cool fun paddling one of East the
Gippsland inland lakes*

Ages 12 – 18 1:00 – 6:00 pm

Transportation provided to and from RSL House. Consent forms *must* be completed by parent/guardian and received prior to the excursion

**Friday
January
15th**

Children's Photography with Vicki

*A fun learning experience with your
phone or camera using small things,
food and natural objects*

**Ages 8 – 12 - Limited to 10 places
10:00am – 12:00pm
at RSL House**

My Van with Save the Children

*Photography, Film, Art & Craft, Sports &
Giant Games and much more!*

***CONNECT *CO-DESIGN**

***CREATE *COMMUNICATE**

**Ages 6 – 18 2:00 – 4:00 pm
Bruthen Skatepark**

**Wednesday
January
20th**

Soul Stories

*Artist, dancer & creator of Soul Stories, Tams will work with you on the importance of
creativity and a special art technique of drawing from your inside ~ to out.*

Ages 8 – 12

10:00 – 11:30am - RSL House

Ages 12 – 18

2:00 – 4:00pm - RSL House

**Thursday
January
21st**

Children's Art & Craft workshop with Pam

*Make something wonderful to take
home using recycled and found
materials*

**Ages 6 – 12 9:30 – 11:30am
at RSL House**

Jam Session with Headspace

*Are you a musician, love to sing or keen to
learn?*

Ages 12 – 18

2:30 – 4pm at RSL House

**Friday
January
22nd**

Teen's Photography with Vicki

*A fun learning experience with your
phone or camera using small things,
food and portraits*

**Ages 12-18 - Limited to 10 places
10:00am – 12:00pm
at RSL House**

My Van with Save the Children

*Photography, Film, Art & Craft, Sports &
Giant Games and much more!*

***CONNECT *CO-DESIGN**

***CREATE *COMMUNICATE**

**Ages 6 – 18 10:00am – 12:00pm
Bruthen Skatepark**

Contact us with questions and bookings:

03 4141 5302 / 0497 544 490

info.bdnh@aussiebb.com.au

36 Main Street, Bruthen Tuesday-Friday 10am-3.30pm

TO REGISTER YOUR

INTEREST or intention to participate, give us a call or email.

Some programs require paperwork registration or pre-payment We will let you know when you sign up.

Payment is in cash, direct deposit or by card. We try to keep all programs as affordable as possible while ensuring that tutors are paid appropriately. If you would like to 'Pay it Forward' for someone else, or need a discount to participate, talk to us. Confidentiality is ensured.

CONTACT:

Phone:
0497 544 490
(03) 41415302
Email:
info.bdnh@aussiebb.com.au

WE LOOK FORWARD TO SEEING YOU!



TERM ONE PROGRAM - Reconnect and Renew

Mondays	Men's Shed 9 am – 12pm Men's Shed, behind the RSL	Men's Shed lunch 12pm RSL House	Twin Hearts Meditation <i>This meditation is a guided meditation that can be done by both beginners and the more advanced. When done regularly, Meditation on Twin Hearts will give you better physical, emotional, mental and spiritual health</i> 6:30pm RSL House Cost: By donation
Tuesdays	Bruthen Remembers <i>Recording and preserving the local history</i> (2 nd week of month) Mornings RSL House	Readers and Writers <i>A group for the curious, generous and literary. Alternate fortnights, meet and discuss a book or film the group has chosen, or to support each other in writing poetry and prose</i> (alternate weeks – BYO lunch) 12:30 – 3:00 RSL House	Landcare Group (3 rd week of month) Evenings RSL House
Wednesdays	Walking Group <i>A gentle walk in good company, followed by a cuppa.</i> 9:00 – 10:30am Start and finish at RSL House	Sew What <i>A group of sewing aficionados that meet weekly. Work on your project or something together. Use an of our machines or BYO.</i> 1:00 – 3:00pm RSL House Cost: gold coin	Youth Mural Project* <i>Guided by local artist, Rachel, plan and paint a piece of expressive public art for Bruthen</i> 6:30 – 8:30pm RSL House
Thursdays	Thoughtful Thursdays <i>This program is for people who are looking for a gentle approach to learning and discovery, want to share learning time with others, practice computer and work-ready skills or need a place to do their online learning</i> 9:30am – 12:00pm RSL House	Lunch program <i>Volunteer to plan and cook a weekly community lunch. Can be as simple or exotic as you dream.</i> 11:00 – 1:30 RSL House	Youth Space <i>For the 12 – 18 age group – this is a weekly time to gather and do activities together with a local youth worker-facilitator. You get to plan what that looks like - food, music, guests, excursions and more</i> After school hours, times TBD RSL House
Fridays	Photography Workshops <i>Learn to capture moments and images that awaken awareness and reflect your vision. Local professional Vicky Jesty will lead you in, exploration, composition and editing</i> Four mornings, starting in February, dates TBD RSL House Cost: \$100 for all four weeks	Digital Matters <i>Live, learn and work in the digital world; from setting up your devices, connecting online and navigating safely. This pre-credited course will bring you up to date with communication and basic work applications</i> 2:00 – 4:00pm RSL House	Art and Craft Open Time <i>Bring your project and materials and work in company</i> 2:00 – 5:00 GLCH House Cost: gold coin donation to cover cleaning
Saturdays & Sundays	Friday night monthly community dinners are starting at the church hall from 5:30pm on Friday 26 th February and Friday 26 th March, no cost all welcome. Markets 30 th May, 31 st July, 30 th October and bushfire anniversary event 21 st November	Four afternoons, February 19 – March 12 RSL House Cost: \$125 for all four weeks	